

ELEVATE

GOLF MIND BODY



Santa Ana Golf Club
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About Elevate GolfMindBody

Elevate at Santa Ana Golf Inc. Offers golf coaching from Jason Montoya, who has developed Performance Programs designed for all skill levels aimed to improve how you train on the practice tee and how you perform on the course.



Coach Jason

Class-A PGA Professional
Sun Country PGA Youth Player Development Award 2019

Jason is dedicated to growing the life long sport of golf to all ages. Elected into the PGA of America March 2012 his golf journey as a PGA Member has included positions at Twin Warriors GC, The Club at Las Campanas NM, Talking Stick Golf Club AZ, The First Tee of Phoenix AZ, TOPGOLF Scottsdale AZ, Founding Elevate GolfMindBody at SAGC Inc 2017.



Performance Programs

Start Your Golf Journey

- 30min assessment
- Video summary
- Develop a Performance Program

Private Coaching

- Adults/Juniors
- Kids Golf ages 4-6

2 Day Private Golf School

- 8hrs of coaching
- 1 round of golf

Collegiate Golf Preparation

- 2 Hours
- Golf Resume
- Swing Video Resume
- Tournament Scheduling
- Social Media Networking

Monthly Full Time Athlete

- Unlimited Coaching

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Start Your Golf Journey

Starting your golf journey or finding a coach can be very daunting. This program is about learning who the coach is, learning about the facility, and learning your swing. Learning about the coach and Teaching Philosophy starts your journey. Creating a safe environment is not only knowing the coach but knowing the facility, we will tour the practice facility and parts of the course. A swing assessment will take place identifying your strengths and weaknesses with a video summary to be emailed. If you feel confident and want to continue your journey, the next step is to develop a performance program. In taking this step you can apply your \$30 fee towards your first coaching performance program.

Rate \$30

Private Coaching

Training on the practice tee or on the course, we will focus on golf goals and non-golf goals.

- Skill development
- Video analysis
- Goal setting
- Mental Awareness
- On course strategy
- Personalized performance plan

Rates

Adult 1hr \$80/PKG 5hrs \$320

Junior 1hr \$40/PKG 5hrs \$160

Kids Golf (ages 4-6) 30min \$15

2 Day Golf School

Enjoy two day's of private golf coaching, developing a full range of skills to reach your goals. Each day you will have four hours of coaching at the practice facility and on course strategy knowledge.

Day 1 skill development 4 hours

- Full swing
- 30-100 yards
- Around the green
- Putting
- Video analysis

Day 2 skill challenges 4 hours

Challenge games will be set up to tests your skill knowledge with a scoring system to track your progress.

- Warm up
- On course strategy
- Skill challenges
- Personalized Performance Plan
- Skill challenges part 2

In two days you will develop a full arsenal of skills to take to the course. A round of golf is included so you can play at your own time after some dedicated time training.

RATES

Adult \$600

Junior (8-17) \$280

Booking for the 2day school must be back to back days working with your schedule.

Collegiate Golf Preparation

Student athletes aspiring to compete on a college team will need to take steps in planning their journey. This session will give you the tools to take those steps in creating your golf resume, tournament scheduling, recruiting letter, and swing video edits. In this 2 hour session we will create this portfolio to present to recruiters or help you set up accounts with collegiate recruitment agencies.

Rate \$100

Monthly Full Time

This true performance program is designed for athletes that want to elevate in all areas of their golf skill knowledge. As a full time student you will have first pick with scheduling for lessons have access to on course coaching any amount of holes. V1 sports account set up to send swing videos to the EleVate locker for analysis wherever you are located. 30 days of unlimited coaching is at your disposal with anytime booking. You can include any of the performance programs that Elevate GolfMindBody offers.

RATE

Adult \$800

Junior \$400



Jason Montoya, PGA

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